



Information to Help You Care for Others



Medicare has **Many Tools** to help you get the information you need.

*Ask Medicare* is Medicare's premier **Web site** for caregivers. Just visit [www.medicare.gov/caregivers](http://www.medicare.gov/caregivers) to help your loved one choose a drug plan, compare nursing homes, get help with billing, find local care resources, and more!

From *Ask Medicare*, you can sign up for our free bi-monthly **e-Newsletter**. You'll get the latest news about Medicare, reminders of important dates, resources in your community, and tips to help you take care of yourself.

# More Information to Help You Care for Others

**To get your Medicare questions answered**, visit [www.medicare.gov](http://www.medicare.gov). Find out what Medicare covers, compare Medicare health plans, compare the quality of hospitals and nursing homes, and more. You can also call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

**To find out who pays first**—Medicare or other insurance—call Medicare’s Coordination of Benefits contractor at 1-800-999-1118. TTY users should call 1-800-318-8782.

**To get free, personalized health insurance counseling, including information on programs for people with limited income and resources**, contact your State Health Insurance Assistance Program (SHIP). To get their number, visit [www.medicare.gov](http://www.medicare.gov) and select “Find Helpful Phone Numbers and Websites.”

**To get information about eldercare resources in your area**, visit [www.aoa.gov](http://www.aoa.gov) or call 1-800-442-2803 to find out how to contact your local Area Agency on Aging.

**To get eligibility information about Federal and/or state programs** including Social Security, Medicaid, in-home services, pharmacy programs, and food stamps, visit [www.benefitscheckup.org](http://www.benefitscheckup.org).



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